

# Externship in Clinical Child and Adolescent Neuropsychology Center for Attention and Learning Northwell Health-Lenox Hill Hospital 210 E. 64<sup>th</sup> Street, 3<sup>rd</sup> Floor New York, NY 10065

### Position:

Lenox Hill Hospital, a member of the Northwell Health System, will be accepting externship applications in Pediatric Neuropsychology for the **July 1, 2024, through June 30, 2025,** training year. The Center for Attention and Learning (CAL) is located within the Outpatient Center for Mental Health (OCMH), which is a division of the Department of Psychiatry. OCMH is staffed by psychiatrists, psychologists, residents, interns, externs, and social workers.

# Staff:

The CAL staff currently is comprised of four supervising neuropsychologists, including one bilingual neuropsychologist (English/Spanish), three post-doctoral fellows, three externs, and a licensed clinical social worker.

### Mission and Population Served:

The mission of CAL is to provide comprehensive neuropsychological evaluations to under resourced children and teens, ages 5-21 years old, with learning, attention, and other comorbid neurodevelopmental disorders. CAL is grounded in the understanding that well-being is not defined by medical status alone; economic, environmental, and cultural factors all contribute to the complete picture of health. Education is widely recognized as a major social determinant of health outcomes, and research has proven that early intervention is key in helping children with attention and learning differences achieve. The longer these needs go without proper diagnosis and treatment, the greater the risks that threaten a child's opportunity for success. We work closely with legal advocates (via partnerships with Advocates for Children and Legal Aid Society) and other outside community agencies, as well as with child psychologists and psychiatrists at OCMH.

#### **Clinical Responsibilities and Opportunities:**

Externs are expected to work two days per week, one of those days must be Thursday; the extern can expect a hybrid work situation (on-site and remote services). The extern will gain experience in the following areas:

- Neuropsychological assessment of children and adolescents with learning disabilities, Attention Deficit/Hyperactivity Disorder (ADHD), and other related neurodevelopmental disorders. Externs will be involved in all aspects of evaluations from intakes, testing sessions, report writing, feedbacks, and gathering collateral information from school staff or third-party providers. Neuropsychological evaluations are conducted via a hybrid model with intakes and feedbacks virtual and testing in person.
- Opportunities to provide direct therapeutic services to children, adolescents, and their families, including behavioral, educational, and psychosocial approaches to addressing issues related to learning disorders, ADHD, and social-emotional functioning. These services are specifically, family therapy without patient present, individual therapy, and group therapy with teens. The model of service for family therapy and group therapy is time-limited, running 8-10 sessions per family and group (multiple

families and groups are assigned throughout the year) whereas the individual therapy cases are yearlong. All therapy services are provided via telehealth.

- For bilingual (Spanish) candidates, exposure to bilingual assessment, monthly meetings to support the development of multicultural competence and professional identity, and opportunities for mentorship with seasoned bicultural and bilingual clinicians are available.
- Consultation and advocacy assistance for families trying to navigate the NYC Department of Education system. Specifically, consultation with teachers and other stakeholders will be required and participation in IEP meetings may be required depending upon the outcome of our evaluations.
- Engagement in scholarly research utilizing data collected via comprehensive assessments.

All externs will receive individual and group supervision. Externs are expected to participate in weekly didactic seminars and clinical forum conferences designed to provide an in-depth understanding of current issues in learning disabilities and ADHD. Also, externs are welcome to attend Child and Adolescent Teaching Rounds, Child and Adult Psychiatry Grand Rounds as well as Adult Neurology Grand Rounds.

# Applicant Qualifications:

Neuropsychological testing and clinical experience with children and families is preferred. Applicants must possess excellent clinical, oral, and written communication skills; individuals who are bilingual (English/Spanish) are strongly encouraged to apply.

#### Application Requirements:

Please address all materials to Dr. Anna W. Goodearl, Director, Center for Attention and Learning. Please include the following materials, in this order, in your NYNJADOT application:

- A cover letter, stating your reason for interest in the program and your long-term professional goals
- C.V.
- Two letters of recommendation
- A sample report of a child evaluation